



EMMAUS COLLEGE TUCKSHOP PRICE LIST 2025

1st Break – 10:49am – 11:19am (lunch)

2nd Break – 1:23pm – 1:53pm (afternoon tea)

*There is a set menu of hot food available for each day of the week: these items can only be purchased/ordered 1st break

* All hot foods/sandwiches/wraps/salads etc must be ordered via Flexischools or the bags systems for grades P-6

* Years 7-12 can order via Flexischools & bag systems or can choose to purchase over the counter, food subject to availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Party Pies x 2 \$3.50	Hot Dog \$3.70	Garlic Bread \$2.50	Steamed Dim Sims x 3 \$3.00	Fish Fingers x 3 \$3.00	
Meatball Sub \$4.50	Chicken Nuggets X 5 \$3.50	Domino's Pizza Hawaiian, Ham & cheese, Supreme, or Cheese \$4.50	Sausage Roll \$4.00	Pie \$4.50	
Pulled Pork & BBQ Roll \$4.50	Cheeseburger \$4.50	Sweet chilli chicken slider \$3.50	Chicken/cheeseburger \$4.50	Pork Rib Roll \$4.50	
Macaroni \$5.00	Teriyaki chicken, noodles & veges \$5.00	Nachos \$5.00 (Add sour cream \$1.00)	Butter Chicken & Rice \$5.00	Lasagne \$5.00	
SANDWICHES		SALAD BOWLS		SNACKS	
Jam, Vegemite, Honey	\$2.00	salad bowl	\$5.00	Muffins	\$3.00
Cheese	\$2.50	Salad items in bowl are		Cookies	\$1.20
Egg	\$3.50	lettuce, tomato, carrot, cucumber, beetroot & Italian dressing		Pikelets jam or honey	\$1.50
Egg & Lettuce	\$4.50	Add ham to salad is extra	\$1.50	Saos - vegemite	\$0.70
Curried Egg	\$4.00	Add chicken to salad is extra	\$2.00	Saos- with cheese	\$0.80
Curried Egg & Lettuce	\$5.00	Add tuna to salad is extra	\$2.50	Saos – vegemite & cheese	\$1.00
Ham	\$3.50	Add grated cheese to bowl is extra	\$1.00	Cinnamon scroll	\$3.00
Ham & Salad	\$6.00	Add an egg to bowl is extra	\$1.00	Jelly cup	\$2.50
Chicken	\$4.00	FRUIT		Custard cup or yoghurt cup	\$2.50
Chicken & cheese	\$4.80	Apple, orange or banana	\$1.50	Boiled egg	\$1.00
Chicken & salad	\$6.50	Watermelon tub	\$3.00	Apple pie- hot or cold	\$3.00
Tuna	\$4.50	SAUCES & DRESSINGS		Pretzels	\$1.50
Tuna & salad	\$7.00	Tomato/BBQ/ Mayonnaise	\$0.40	Popcorn	\$1.50
Salad	\$4.50	Soy sauce	\$0.30	Chips	\$2.00
Salad items are lettuce Tomato, cucumber, beetroot, carrot & onion if added to a sandwich	Each Item \$1.00	Please note: Drink choices are restricted before school to water, milk drinks or juice		Honey soy or salt-red rock deli Smith's Salt & vinegar, JJ's chicken, and grain waves	
Add cheese or add egg or toasting	\$1.00ea				
TOASTED SANDWICHES		DRINKS		ICE BLOCKS	
Toasted cheese	\$3.00	Water 600ml	\$2.50	Frozen jelly stick	\$0.30
Toasted vegemite/cheese	\$3.50	Water 1 lt	\$3.50	Fruity ice	\$0.60
Toasted ham	\$4.00	Popper juice 250ml	\$3.00	Zooper Dooper	\$1.00
Toasted ham & cheese	\$5.00	Apple or orange juice 350 ml	\$4.00	Sour stick	\$1.20
Toasted ham/cheese/tomato	\$6.00	Apple or orange juice 500ml	\$5.00	Icy twist	\$2.50
Toasted Chicken	\$4.50	Glee drinks	\$3.00	Calippo	\$2.50
Toasted chicken & cheese	\$5.50	Flavoured milk-300ml choc or straw	\$3.50	Paddle pop- choc/rainbow	\$2.50
Toasted Chicken/cheese/tomato	\$6.50	Flavoured milk –500ml choc, straw, coffee, caramel latte	\$4.50	Cyclone	\$3.50
		Bare sparkling water	\$4.00	Twisted Greek yoghurt	\$3.00
		Waterford's	\$4.50	Ice- cream cup	\$2.50
Or design your own sandwich 😊		Gatorade	\$4.50	Bulla frozen yoghurt	\$3.50
WRAPS		Iced tea	\$4.50		
Ham & Salad	\$7.00	Up & go – vanilla or chocolate	\$3.00	Flexischools link-order online	
Chicken & Salad	\$7.50			www.flexischools.com.au	
Salad	\$5.50				
Egg & Lettuce	\$5.50				

Please consider helping at tuckshop if you are able 😊

SEE FLEXISCHOOLS ONLINE MENU FOR MORE OPTIONS.

PAYMENTS AT TUCKSHOP CAN BE MADE BY EFTPOS, CASH OR LINKED STUDENT ID CARDS

OR ORDER ONLINE AT FLEXISCHOOLS: WWW.FLEXISCHOOLS.COM.AU

Order your child/children's lunch online with Flexischools!

Visit: www.flexischools.com.au and follow directions

Benefits for parents

- It's easy to set up and easy & convenient to use
- No more looking for a bag or enough cash
- No more lost or spent change
- No worries about students forgetting to hand the bag in
- You as the parent have control over food choices and money spent
- Order days or weeks ahead

Benefits for our Tuckshop

- Saves the tuckshop time
- No more disturbing classes with issues re bag orders
- All bags are clearly printed with your child's name, class, order and preferred break

Cut-off for Flexischool orders is 9:00am

Order from your smart phone, tablet, iPad or computer

Years 7-12 students can use their student ID to purchase food, if they have a registered & linked card (instead of using cash).

IMPORTANT INFORMATION REGARDING TUCKSHOP PROCEDURES

- Separate bags are required for lunch (1st break) and afternoon tea (2nd break).
- **The tuck-shop has a total ban on NUT products due to anaphylactic reactions.**
- All orders for lunch and afternoon tea are to be sent to tuckshop by **9.00am**, any orders received after this time will receive a vegemite sandwich. If using Flexischools online system, you have until **9.00am** for the cut-off 😊
- Grades 3-6 If ice blocks are ordered for 1st break, **please tell your child to bring the lunch bag back to the canteen to claim the item as they cannot be placed in the bag with lunches due to melting.**
- PREP-2 * Does not apply as orders are delivered via a tuck-shop monitor.
- If ordering for more than one child, you can place all the money in the most responsible child's bag, but don't forget to indicate on each child's bag which child has the money, what class they are in, and whom else they are paying for. **For example:** Money for Jack Smith 2MK, Mary Smith 3D and Tom Smith 5W) helps us to take the guess work out as to where the money is.
- If placing orders for both breaks, place the money in one bag, and then other break bag inside, folding all to prevent loss of money.
- **Please do not use staples or sticky tape, as the bags rip when we try to open them- use Flexischools if you are worried about lost money.**
- Lunch bags are available at the cost of \$0.20 each OR use the convenient online system- Flexischools.com.au. (Paper bags are available for a very low cost at most grocery stores).
- All sandwiches / salads / wraps and hot foods need to be pre-ordered by the bag system for Prep to Year 6.
- Years 7 – 12 can pre order to ensure they get their required lunch, or purchase over the counter subject to availability.
- All change is sticky taped onto the 1st break bag. We take no responsibility for lost change.
- **Tuckshop takes no responsibility for goods lost or spilt after it has been collected from Tuckshop.**
- Should tuckshop sell out of something, we will replace it with something of the same value.
- If insufficient money is sent, a substitute will be given, or money sent back so the child can choose something else.
- The tuckshop operates every day, there is a convenor assisted by a small team of parent helpers, we always appreciate extra help. If you can help, please contact the Tuckshop convenor (Leanne Fullerton 5547 9919) or the office staff at 5547 9990.
- The tuckshop is open every day before school from 8.00am-8.30 and at the set lunch and afternoon tea break times.
- Students making purchases from the tuckshop must form orderly queues, loitering is not permitted in this area.

Please note whilst we try our hardest to get the orders 100% correct, mistakes do happen. If your child is missing something from their lunch order just get them to tell the teacher on lunch duty and it will be dealt with on the day, to ensure the child does not go hungry 😊

Leanne Fullerton - Tuckshop Convenor